

### Project ideas for application

Following is a list of ideas for MHDS providers for consideration and ideas to enhance additional creative proposals for applications. This is not a complete list and will continue to be developed.

#### Population groups needing support related to pandemic:

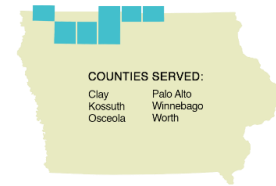
- Children
  - Those with SED (Serious Emotional Disturbance)
  - Those without SED
- Adults traditionally served by NWIACC
- Adults not traditionally served by NWIACC
  - Adults for whom brain health issues have just surfaced during the pandemic
  - Elderly residents in long-term care facilities who have been isolated due to pandemic
  - Elderly residents who are home bound and isolated due to the pandemic
  - Caregivers who have extra responsibility and burden due to programming shut down
  - People with intellectual disabilities who have been isolated due to day programming being shut down
  - Healthcare workers
  - School staff dealing with anxiety about returning to school
  - Law enforcement dealing with anxiety related to continued exposure



#### Ideas for supporting these populations:

- Flexible mobile crisis outreach to facilities and businesses.
- Counseling support for people with intellectual disabilities
- Counseling support for people working in the school system.
  - Enhancement to telehealth technology and increased availability to clients through equipment loans.
- Enhancements to safety and security in providing direct outpatient mental health services.
- Direct care staff training to deal with their own and client isolation (make sure to tie to COVID-19, what is different now as a result of?)
- Concerted outreach effort to increase awareness and availability of supports.
- Consideration to relax cost share percentages or waive cost-share completely for those under a certain federal poverty level without third party coverage
- Expansion of classroom mindfulness projects to teach students coping skills
  - Possible expansion to juvenile detention centers to support children with SED in these environments.
- Personal Protective Equipment
- Transportation to aid in supporting mental health services.





**GAPS in the system that the pandemic revealed:**

- Technology for telehealth
- An alternative home for those with infectious diseases
- Direct care staff training to deal with their own and client isolation
- Increased need for crisis services-especially in underserved areas

The region is particularly interested in and priority will be given to applications submitted for those who serve the entire NWIACC Region. Larger projects are encouraged. Providers/ School districts are encouraged to partner with other agencies to provide services through the entire region as well as school districts. We encourage collaboration on projects to prevent overlap.