

## LEGAL AID

**Legal Hotline for Older Iowans** 800-992-8161  
**Iowa Legal Aid - Des Moines** 800-532-1275  
Sioux City 712-277-8686  
**Iowa Lawyer Referral Service** 800-532-1108  
Or [www.iowafindalawyer.com](http://www.iowafindalawyer.com)

## MENTAL HEALTH/COUNSELING

**Bethany Christian Services** 712-737-4831  
-Pregnancy Counseling/Adoption—Orange City  
**Creative Living Center** 712-476-5245  
**Northwest Iowa Care Connections—Lyon Co.**  
-Guide & Funding assist. for mental health & disability services.  
712-472-8240  
**-24/7 Crisis Line** 844-345-4569  
**Seasons Center for Community Mental Health**  
-Licensed Mental Health Counseling/Rock Rapids Office:  
712-472-9605  
**-Crisis Line/Appointments/Children's Autumn Center:**  
800-242-5101  
**U.S. National Suicide Hotline** 800-273-8255

## NUTRITION PROGRAMS

**Dinner Date/Meals on Wheels** 712-472-2460  
**George Good Sam/M.O.W.** 712-475-3391  
**Food Pantries:**  
Inwood (City Hall) 712-753-4833  
Larchwood (United Church of Christ) 712-477-2568  
Atlas of Lyon County 712-472-9016  
Siouxland Mobile Pantry 712-255-9741  
Faith Temple Food Giveaway  
Sioux Falls 605-332-2303

## RURAL CONCERNS

**Iowa Concern Hotline** 800-447-1985  
-Financial questions, legal issues, family transitions

## SPIRITUAL SUPPORT

**ATLAS of Lyon County** 712-472-9016  
-Exploring the relationship between Faith & Life, mentoring services.  
-Financial education through the Center for Financial Education

## SUPPORT GROUPS

**Alcoholics Anonymous**  
-Rock Rapids-Congregational Church  
Monday 7:00 p.m.—Serenity Group  
-Inwood-Bethlehem Lutheran Church  
Thursday 8:00 p.m. - Step Meeting  
**Al-Anon— Family Members Group**  
- Sheldon Hospital Basement Meeting Room- Sunday 7:00 p.m.  
**Alzheimers Association** 800-272-3900  
**Grief Support (seasonal groups offered)**  
-Call First Reformed Church in Rock Rapids 712-472-3729  
**Mentally Aware** 712-472-4696  
-American Reformed Church, Hull IA  
Tuesdays 7:00 pm, contact Deb Anderson

## TRANSPORTATION

**RIDES Bus** 800-358-5037  
-Reservation based public transportation

## UTILITY ASSISTANCE/ WEATHERIZATION

**Mid-Sioux Opportunity, Inc.** 712-722-3611  
-For an appointment in Rock Rapids  
-Low-income heating and energy assistance program (LiHEAP)  
-Weatherization Program

# Lyon County Support Services Directory



**Compiled and Distributed by:**  
**Lyon County Resource  
Advocate Office**  
**712-472-8240**



**Public Health**  
Prevent. Promote. Protect.

# Lyon County Support Services

## ABUSE: ADULTS & CHILDREN

Child/Elder Abuse Hotline 800-362-2178

Dept. of Human Services 800-337-2943

Domestic Violence Shelter- Sioux Center  
800-982-7233

Family Crisis Centers of NW Iowa  
Crisis Line 800-382-5603

For Appt. in Rock Rapids 712-722-4404

Centers Against Abuse & Sexual Assault  
877-362-4612

IA Domestic Abuse Hotline 800-942-0333

IA Sexual Abuse Hotline 800-284-7821

Rape, Abuse, and Incest Nat'l Network  
800-656-HOPE (4673)

## ADVOCACY

Lyon County Resource Advocate

-Resource Referral/Assistance 712-472-8240

-Health Care, Medicaid/Medicare, Benefit Assistance

ATLAS of Lyon County 712-472-9016

-Support for the hurting through listening, partnering and mentoring

Hope Haven, Inc. 712-476-2737

-Intensive Psych Rehab/Peer Support

-Services for Mentally Ill and Disabled adults and children.

Iowa Compass 800-779-2001

-Guide to disability information and services

Lyon Co Victim Witness Coordinator

712-472-3770

Western IA Survivors of Homicide (WISH  
Unit) & Other Violent Crimes 800-382-5603

Elderbridge Agency on Aging

712-262-1775 or 800-243-0678

IA Victim Service Call Center

Text 'Iowahelp' to 20121 or 800-770-1650

## CHILD AND FAMILY PROGRAMS

Area Education Agency 712-722-4378

-Birth to age 3 referral services, education and therapy services

-K-12 school support services

Child Care Resource & Referral 877-216-8481

-Daycare provider training and directory

Hawk-I Customer Service 800-257-8563

-Low cost health care coverage children 0-18 yrs.

Head Start/Early Head Start 712-472-2153

-Income based preschool programming for 3 and 4 year olds

Health Services of Lyon County 712-472-8200

-Childhood immunizations, lead education, car seat program

-Prenatal and postpartum home visiting program

Lyon County ISU Extension 712-472-2576

-Agricultural and Business education programs

-Family nutrition and parenting programs

-4-H and Clover Kids programs

Iowa Extension Hotlines

Home & Family Answer Line 800-262-3804

Weekdays 9-12, 1-4

Healthy Families Hotline (24hours) 800-369-2229

Prenatal/Women's Healthcare Questions

TEEN Line (24hours) 800-443-8336

Personal & Health related information and referral

Iowa CONCERN 800-447-1985

Access to attorney for legal education, stress counselors, and  
Information and referral for many issues.

Farm On 877-BFC-1999

Mentors matching retired and beginning Farmers

Mid-Sioux Opportunities, Inc 800-859-2025

-Women, Infants, & Children (WIC), Maternal/Child

Health program (prenatal).

For appt. in Rock Rapids call : 712-722-3611

## SUBSTANCE ABUSE PROGRAMS

Compass Pointe 712-472-3442

-Substance Abuse, Gambling Addiction Counseling

Seasons Center for Behavioral Health

-Substance Abuse, Gambling Addiction Counseling

800-242-5101

BETS OFF 800-238-7633

## EMPLOYMENT

IA Workforce Development-

Spencer 712-262-1971

## HEALTH CARE

Ask-A-Nurse- Avera 800-658-3535

Ask-A-Nurse- Sanford 800-445-5788

Promise Community Health Center

877-722-1700

Health Services of Lyon County

- Public Health and Homemaker 712-472-8200

Lyon County Hospice 712-472-3618

Medical Clinics:

-Larchwood Clinic (Avera) 712-477-2185

-Sanford Clinic George 712-475-3393

-Sanford Clinic Inwood 712-753-4401

-Sanford Clinic Rock Rapids 712-472-3716

-Sanford Hospital Rock Rapids

712-472-2591

Poison Control Center 800-222-1222

## HOUSING

NW IA Regional Housing 712-262-7460

- Section 8 Housing Assistance Applications

Municipal Housing 712-472-3896