

## NUMBERS TO KNOW

**Iowa Concern** 1-800-447-1985  
 \*\*Financial questions, legal issues, family transitions (All hours, all days)

**Poison Control** 1-800-222-1222  
 \*\*Health concerns related to coming in contact with poison

**ISU Answer Line** 1-800-262-3804  
 \*\*Questions relating to home and family (M-F, 9-noon 1-4 pm)

**National Runaway Switchboard** 1-800-786-2929 (1-800-RUNAWAY)  
 \*\*A person can report oneself as a runaway, or report that a family member has runaway

**Better Business Bureau, Des Moines** 1-515-243-8137  
 \*\*Financial information

**Consumer Protection Division**  
 Attorney General 1-515-281-5926  
 Emergency 911  
 \*\*Consumer rights

**Alliance for the Mentally Ill** 1-800-950-6264 (1-800-950-NAMI)  
 \*\*Provides support, education, and information to families, friends, and individuals with a mental illness

**ISU Extended & Continuing Education** 1-800-262-0015  
 \*\*Off-Campus credit courses, non-credit conferences (M-F, 7:30am – 5pm)

**Healthy Families** 1-800-369-2229  
 \*\*Prenatal health care questions and information (all hours, all days)

**Teen Line** 1-800-443-8336  
 \*\*Personal and health-related information and referral (all hours, all days)

**Veteran's Regional Office** 1-800-827-1000  
 \*\*Information on benefits for veterans (Des Moines)

**Veteran's Medical Center** 1-800-316-8387  
 \*\*Medical care and mental health services (Sioux Falls)

**Bets Off** 1-800-BETSOFF or 1-800-238-7633  
 \*\*Hotline of Iowa Gambling Treatment Program. Gambling concerns for yourself or others.

## RESOURCES FOR DICKINSON COUNTY FAMILIES

Compiled by:  
 ISU Extension  
 Dickinson County  
 and  
 Dickinson County  
 Community Services  
 2016



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**Welcov Assisted Living at Spirit Lake**  
 1819 23<sup>rd</sup> St.  
 Spirit Lake, IA 51360  
 712-336-3553  
[www.welcov.com](http://www.welcov.com)

**SUBSTANCE ABUSE**

**Alcoholics Anonymous**  
 Spirit Lake  
 712-336-0657

**Iowa Substance Abuse Information Center**  
 1-866-242-4111

**National Institute on Drug Abuse Help Line**  
 1-800-662-4357

**Compass Pointe**  
 710 Lake Street Suite 2  
 Spirit Lake, IA 51360  
 712-336-5281

**TRANSPORTATION**

**Regional Transit Authority**  
 522 10<sup>th</sup> Ave. E.  
 PO Box 1240  
 Spencer, IA 51301  
 1-800-358-5037

**Northwest Iowa RSVP/Volunteer Program**  
 For medical appointments only: 800 21<sup>st</sup> Street  
 Spirit Lake, IA 51360  
 712-336-6577

**Harley Rides**  
 712-330-2587

**Chopper Cab**  
 712-330-6276

**Boji Rides**  
 877-332-2964

**Spirit Lake Veteran Affairs Home Health Care**  
 1310 Lake Street  
 Spirit Lake, IA 51360  
 712-336-6425 or 712-336-6400

**Gentiva Hospice**  
 1370 Lake St.

Spirit Lake, IA 51360  
712-336-2941 [www.gentiva.com](http://www.gentiva.com)  
Contacts: Robin Lock, RN-Executive Director  
Amy Majerus, RN- Manager of Clinical Practice

**Stay in Home Care, Inc.**

401 Main St.  
PO Box 154  
Royal, IA 51357  
712-346-7019  
Contact: Allie Fletcher  
[stayinhomehc@gmail.com](mailto:stayinhomehc@gmail.com)

**Respite Angels**

PO Box 318  
Estherville, IA 51334  
712-229-6064  
[Respite.angels@yahoo.com](mailto:Respite.angels@yahoo.com)

**Hawkeye Care Center**

1912 Zenith Ave.  
Spirit Lake, IA 51360  
712-336-3300

Contact: Mary Jo Litwiller, Community Relations Representative  
[www.mlitwiller@hawkeyecare.com](mailto:www.mlitwiller@hawkeyecare.com) / [www.hawkeyecarespiritlake.com](http://www.hawkeyecarespiritlake.com)

**Hawkeye Care Center & Stonebridge Suites Assisted Living**

1600 13<sup>th</sup> St.  
Milford, IA 51351  
712-338-4742

Contact: Daren Butcher, Administrator  
[www.hawkeyecaremilford.com](http://www.hawkeyecaremilford.com)

**Home Instead Senior Care**

1003 21<sup>st</sup> St. / PO Box 262  
Milford, IA 51351  
712-338-6150 / 712-262-0456  
[mary.dean@homeinstead.com](mailto:mary.dean@homeinstead.com) / [www.homeinstead.com/602](http://www.homeinstead.com/602)

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**ABUSE**

**Child and Dependent Adult Abuse and Neglect Reporting**

1-800-362-2178

**State Domestic Abuse Hotline**

1-800-942-0333

**CAASA**  
**(Centers Against Abuse & Sexual Assault)**  
1-877-362-4612

**Iowa Sexual Abuse Hotline**

1-800-284-7821

**BEHAVIORAL HEALTH SERVICES**

**Catholic Charities**

111 4<sup>th</sup> W.  
Spencer, IA 51301  
712-580-4320

**Foundation 2**

844-345-4569

**Hope Haven**

1710 Gary Ave.  
Spirit Lake, IA 51360  
712-336-6977

**New Horizons Psych. Services**

1004 21<sup>st</sup> St. / PO Box 207  
Milford, IA 51351  
712-338-6911

**Northwest Iowa Care Connections**

Enrollment-Financial Assistance  
1802 Hill Ave. Suite 2502  
Spirit Lake, IA 51360  
712-336-0775  
[nwiacareconnections.org](http://nwiacareconnections.org)

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**Seasons Center for Behavioral Health**

1401 Hill Ave.  
Spirit Lake, IA 51360  
800-242-5101

**Spencer Psychiatry and Counseling Services**

2016 Hwy Blvd. South Suite / PO Box 680  
Spencer, IA 51301  
712-580-3882

**CHILDREN'S ISSUES**

**Child Abuse Hotline (to report abuse)**  
1-800-362-2178

**Child Abuse Hotline (National)**  
1-800-422-4453

**Child Find of America**  
1-800-IAM-LOST  
(1-800-426-5678)

**Missing Children Help Center**  
1-800-USA-KIDS  
(1-800-872-5437)

**National Child Safety Council (Childwatch)**  
1-800-222-1464

**Prevention of Child Abuse**  
1200 University, City View Plaza  
Des Moines, IA 50314  
515-281-8726

**Runaway (National)**  
1-800-621-4000

Spencer, IA 51301  
1-800-242-5033  
712-262-1775

**Good Samaritan Society Home Care**  
Lincoln Ave. Suite A  
Spirit Lake, IA 51360  
712-336-3412 or 800-832-5342  
Contact: Mary Brevik  
[www.good-sam.com](http://www.good-sam.com)

**Seniors and Lawman Together**  
% Dickinson County Sheriffs Office  
Spirit Lake, IA 51360  
712-336-2793

**Social Security**  
1610 12<sup>th</sup> Avenue SW  
Spencer, IA 51301  
1-866-273-6050

**Dickinson County Public Health**  
2301 Highway 71 S  
PO Box AB  
Spirit Lake, IA 51360  
712-336-2682  
[www.lakeshealth.org](http://www.lakeshealth.org)

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## SENIOR SERVICES

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**Iowa Lakes S.C.O.R.E. Chapter**  
122 W. 5<sup>th</sup> Street  
Spencer, IA 51301  
712-262-3059

**Lifeline**  
1-800-543-3546

**Meals on Wheels  
Voluntary Action Center**  
800 21<sup>st</sup> Street  
Spirit Lake, IA 51360  
712-336-4444

**Elderbridge Agency on Aging**  
714 10<sup>th</sup> Avenue East, PO Box 213

**AARP**  
1-800-523-5880  
[www.aarp.org](http://www.aarp.org)

**Dependent Adult Abuse**  
1-800-362-2178

**Dinner Date**  
2100 Zenith Avenue  
Spirit Lake, IA 51360  
712-336-5247

**Dickinson County Dept. of Human Services**  
1802 Hill Avenue Suite 2401  
Spirit Lake, IA 51360  
712-336-2555

1-866-336-2555

Apply online at: [www.oasis.iowa.gov](http://www.oasis.iowa.gov) or [www.dhs.iowa.gov/how-to-apply](http://www.dhs.iowa.gov/how-to-apply)

**Dickinson County Veterans Affairs**

1802 Hill Ave. Suite 1508  
Spirit Lake, IA 51360  
712-336-0883

**Health Information Center**

1-800-336-4797

**Lakes Regional Healthcare: Home Care & Hospice**

2301 Highway 71 S  
PO Box AB  
Spirit Lake, IA 51360  
712-336-8709

**Iowa Protection and Advocacy Services**

3015 Merle Hay Rd., Suite 6  
Des Moines, IA 50310  
800-779-2502  
[www.ipna.org](http://www.ipna.org)

**Vista Prairie by Keelson Harbour Senior Living Community**

2810 Aurora Ave.  
Spirit Lake, IA 51360  
712-336-4501

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**CHILDREN'S SERVICES**

**The Caring Program for Children**

1-800-223-KIDS  
(1-800-223-5437)

**Child Health:**

Children's Hospice Int. 1-800-242-4453  
Children's Wish Foundation Int. 1-800-323-9474  
Reye's Syndrome, Natl. Foundation 1-800-233-7393  
Shriner's Hospital Referral Line 1-800-237-5055

**Dickinson County Dept. Of Human Services**

1802 Hill Avenue Suite 2401  
Spirit Lake, IA 51360  
712-336-2555  
1-866-336-2555

Apply online at: [www.oasis.iowa.gov](http://www.oasis.iowa.gov) or [www.dhs.iowa.gov/how-to-apply](http://www.dhs.iowa.gov/how-to-apply)

**Lakes Regional Healthcare: Home Care & Hospice**

2301 Highway 71 South  
PO Box AB  
Spirit Lake, IA 51360  
712-336-8709

**Dickinson County Public Health**

2301 Highway 71 S  
PO Box AB  
Spirit Lake, IA 51360  
712-336-2682  
[www.lakeshealth.org](http://www.lakeshealth.org)

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**K.I.D.S.**

(Kommunity Involvement, Development and Support)

Prairie Lakes AEA 8  
23 E. 7<sup>th</sup> St.  
Spencer, IA 51301  
712-262-4704

**Seasons Center for Behavioral Health**

1401 Hill Ave.  
Spirit Lake, IA 51360  
800-242-5101

**Time-Out Nurseries**

1306 32<sup>nd</sup> Street  
Spirit Lake, IA 51360 (Business Mail Only)  
712-336-1738  
Contact: Amy Kueper and Jenni Cunningham

**Child Care Resource and Referral**

Upper Des Moines Opportunity  
101 Robbins Ave., Box 519  
Graettinger, IA 51342-0519  
800-245-6151

712-859-3885

**Best Care for Better Babies**  
Dickinson County Public Health  
2301 Highway 71 S  
PO Box AB  
Spirit Lake, IA 51360  
712-336-2682  
[www.lakeshealth.org](http://www.lakeshealth.org)

Spirit Lake, IA 51360  
1-866-838-8934  
Contact: Liz Lorch

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**MEDICAL EQUIPMENT AND MEDICAL LOAN CLOSETS**

**American Legion Auxiliary**  
LaVonne Siemers  
1360 Terrace Park Blvd.  
West Okoboji, IA 51351  
712-332-5089

**American Legion Auxiliary**  
Donald Von Ehwegen  
Terril, IA 51364  
712-853-6577

**American Legion Auxiliary**  
Marilyn Kessler  
Lake Park, IA 51347  
712-832-3540

**Iowa Compass**  
1-800-779-2001

**Sanford Home Medical**  
2317 Circle Drive W. #4  
PO Box 465

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**Vista Prairie at Keelson Harbour**  
2810 Aurora Ave.  
Spirit Lake, IA 51360  
Phone 712-336-4501 fax 712-336-4509  
[jessiewarburton@vistaprairie.org](mailto:jessiewarburton@vistaprairie.org)  
vistaprairie.org

**LEGAL SERVICES**

**Iowa Civil Rights Commission**  
515-281-4121  
[www.state.ia.us/government/crc](http://www.state.ia.us/government/crc)

**Iowa Concern**  
1-800-447-1985  
[www.extension.ia.state.edu/iowaconcern](http://www.extension.ia.state.edu/iowaconcern)

**Lawyer Referral Service of Iowa State Bar**  
Association  
1-800-532-1108

**Iowa Legal Aid**  
506 Nebraska St.  
Sioux City, IA 51101  
712-277-8686  
1-800-352-0017

**University of Iowa Legal Clinic**  
College of Law  
Iowa City, IA 52242  
319-335-9034  
[www.law.uiowa.edu/legalclinic](http://www.law.uiowa.edu/legalclinic)

**Iowa Mediation Services**  
20 West 6<sup>th</sup> Street  
Spencer, IA 51301  
712-262-7007

712-338-3333  
[info@cherishcenter.org](mailto:info@cherishcenter.org)  
[www.cherishcenter.org](http://www.cherishcenter.org)

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**Upper Des Moines Opportunity**  
Great Lakes Mall  
1575 18<sup>th</sup> St.  
Spirit Lake, IA 51360  
712-336-1112  
[www.udmo.com](http://www.udmo.com)

**Priority #1**  
1600 15<sup>th</sup> Street  
Spirit Lake, IA 51360  
712-336-3488  
Contact: Karen Byers

**YMCA Kinship**  
Youth Mentoring  
1900 41<sup>st</sup> Street  
Spirit Lake, IA 51360  
712-209-1576

**Lutheran Social Services of Iowa**  
Health Concerns  
1812 24<sup>th</sup> Ave. W.  
Spencer, IA 51301  
712-262-9171

**Cherish Center**  
Cherished Women/Cherished Kids (parent support for moms)  
Dads of Cherished Kids (parent support for dads)  
Cherish House (maternity home)  
1004 22<sup>nd</sup> Street  
Milford, IA 51351

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## CLOTHING

**St. Joseph Catholic Church**  
1309 Okoboji Ave.  
Milford, IA 51351  
712-338-2274

**Thee Garage Sale**  
1004 22<sup>nd</sup> St.  
Milford, IA 51351  
712-338-3334  
Children's Clothing  
Household Furnishings

## DISASTER ASSISTANCE

**Emergency Management**  
1802 Hill Ave. Suite B103  
Spirit Lake, IA 51360  
712-336-3987  
Contact: Mike Ehret  
[www.dcem.us](http://www.dcem.us)

**Red Cross**  
800-REDCROSS  
712-252-4081

**Salvation Army**  
1607 Ithaca Avenue  
Spirit Lake, IA 51360

712-336-5776  
Contact: Jeff Hanson

712-832-3691

**Welcov Assisted Living at Spirit Lake**  
1819 23<sup>rd</sup> St.  
Spirit Lake, IA 51360  
712-336-3553  
[www.welcov.com](http://www.welcov.com)

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**Community Housing Initiatives**  
14 W 21<sup>st</sup> St.  
PO Box 473  
Spencer, IA 51301  
712-262-5965

**Cherish House Maternity Home for girls**  
PO Box 1003  
Okoboji, IA 51355  
712-338-3333  
[info@cherishcenter.org](mailto:info@cherishcenter.org)  
[www.cherishcenter.org](http://www.cherishcenter.org)

**Heritage Landing Senior Housing**  
1305 Jeppeson Rd.  
Milford, IA 51351  
712-338-2909  
Contact: Kelsey Mergen  
[www.good-sam.com](http://www.good-sam.com)

**Hawkeye Care Center**  
1912 Zenith Ave.  
Spirit Lake, IA 51360  
712-336-3300

Contact: Mary Jo Litwiller, Community Relations Representative  
[www.mlitwiller@hawkeyecare.com](mailto:www.mlitwiller@hawkeyecare.com) [www.hawkeyecarespiritlake.com](http://www.hawkeyecarespiritlake.com)

**Hawkeye Care Center & Stonebridge Suites Assisted Living**  
1600 13<sup>th</sup> St.  
Milford, IA 51351  
712-338-4742

Contact: Daren Butcher, Administrator  
[www.hawkeyecaremilford.com](http://www.hawkeyecaremilford.com)

**Lake Park Care Center**  
1304 South Market St.  
Lake Park, IA 51347

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**Spirit Lake Veteran Affairs Clinic**  
1310 Lake Street  
Spirit Lake, IA 51360  
712-336-6400

## HOUSING

**Low-Rent Housing Agency**  
Section 8 HUD Voucher Office serving Dickinson County  
710 Lake Street Suite 5  
Spirit Lake, IA 51360  
Phone: 712-336-2318  
Fax: 712-336-37460  
[lhasplk@qwestoffice.net](mailto:lhasplk@qwestoffice.net)  
Contact: Lauri Carlson, Executive Director

**Northwest Iowa Regional Housing Authority**  
919 2<sup>nd</sup> Ave. SW  
P.O. Box 446  
Spencer, IA 51301  
712-262-7460

**Riverwest Apartments**  
668 Terrace Park Blvd.  
Milford, IA 51351  
712-332-7228

**Broadway Village Apartments**  
PO Box 283  
Milford, IA 51351  
712-338-9754

**Discovery House**  
1411 Hill Avenue  
PO Box 163  
Spirit Lake, IA 51360  
712-336-4740 or 712-336-5340  
Contact: Carol Elliott



**Murphy Management**

208 E. State Street  
Algona, IA 50511  
515-295-2927

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**Dickinson County Healthcare Coalition**

2301 Highway 71 S  
PO Box AB  
Spirit Lake, IA 51360  
712-336-2682 or 712-336-1230

**Critical Incident Stress Management Team (CISM)**

24 hour access  
Hotline: 1-877-225-2476  
Contact: Steve Hopkins 712-330-1144

**EDUCATION**

**Iowa New Choices Program**

Iowa Lakes Community College  
300 South 18<sup>th</sup> Street  
Estherville, IA 51334  
712-362-7931

**G.E.D./Adult Basic Education**

Iowa Lakes Community College  
2008 Hill Ave  
Spirit Lake, IA 51360  
712-336-3439  
Estherville - 1-800-242-5106  
Emmetsburg - 1-800-242-5108

**Headstart**

101 Robbins Ave. P.O. Box 519  
Graettinger, IA 51342  
1-800-245-6151  
712-859-3885

**Iowa Lakes Community College**

2008 Hill Ave.  
Spirit Lake, IA 51360  
712-336-3439  
Estherville - 1-800-242-5106  
Emmetsburg - 1-800-242-5108

**ISU Extension - Dickinson County**

1600 15<sup>th</sup> Street  
Spirit Lake, IA 51360  
712-336-3488

**ISU Extended and Continuing Education**

1-800-262-0015  
[www.extension.iastate.edu](http://www.extension.iastate.edu)

**Prairie Lakes AEA**

23 East 7<sup>th</sup> Street  
Spencer, IA 51301  
712-262-4704  
1-866-540-3860

**Iowa Legal Aid**

506 Nebraska Street  
Sioux City, IA 51101  
1-800-352-0017  
712-277-8686  
[www.iowalegalaid.org](http://www.iowalegalaid.org)

**Elderbridge Agency on Aging**

714 10<sup>th</sup> Avenue East, PO Box 213  
Spencer, IA 51301  
1-800-242-5033  
712-262-1775

**Compass Pointe Behavioral Health Services**

710 Lake Street Suite 2  
Spirit Lake, IA 51360  
712-336-5281  
[www.adtu.org](http://www.adtu.org)

**Vocational Rehabilitation**

P.O. Box 3093, 217 W 5<sup>th</sup> Street  
Spencer, IA 51301  
712-262-9585  
Contact: Gerald Rath  
[www.dvrs.state.ia.us](http://www.dvrs.state.ia.us)

**Women, Infants & Children (WIC)**

Upper Des Moines Opportunity  
 101 Robbins Avenue Box 519  
 Graettinger, IA 51342-0519  
 800-245-6151  
 712-859-3885

**Elderbridge Agency on Aging**

714 10<sup>th</sup> Avenue East  
 PO Box 213  
 Spencer, IA 51301  
 1-800-242-5033  
 712-262-1775

**Spencer Psychiatry and Counseling Services**

2016 Hwy Blvd. South Suite  
 PO Box 680  
 Spencer, IA 51301  
 712-580-3882

**National Alliance for the Mentally III**

800-950-6264  
[www.nami.org](http://www.nami.org)

**Parents Anonymous Helpline**

800-345-5044

**Merit Behavioral Care**

1-800-955-6427

**Gentiva Hospice**

1370 Lake Street  
 Spirit Lake, IA 51360  
 712-336-2941  
 866-752-4692  
[www.gentiva.com](http://www.gentiva.com)

Contact: Robin Lock, RN-Executive Director

Contact: Amy Majerus, RN-Manager of Clinical Practice

American Foundation for the Blind -

1-800-232-5463

[www.afb.org](http://www.afb.org)

**Medicaid/Title 19 - General Info.**

Dickinson Co. Dept. of Human Services  
 1802 Hill Avenue Suite 2401  
 Spirit Lake, IA 51360  
 712-336-2555  
 1-866-336-2555

Apply online at: [www.oasis.iowa.gov](http://www.oasis.iowa.gov)

**Medicare**

General Information

1-800-772-1213

Billing Questions

1-800-532-1285

[www.medicare.gov](http://www.medicare.gov)

**Targeted Case Management**

Seasons Center for Community Mental Health

201 E 11th St

Spencer, IA 51301

712-262-2922

**Cherish Center**

Individual and Family Counseling, Mentor Moms, Marriage Mentors,  
 Parent Training, Free Pregnancy Tests, Pregnancy and Adoption

Counseling

1004 22<sup>nd</sup> Street

Milford, IA 51351

712-338-3333

[info@cherishcenter.org](mailto:info@cherishcenter.org)

[www.cherishcenter.org](http://www.cherishcenter.org)

Spirit Lake, IA 51360  
712-298-2306  
[afay@udmo.com](mailto:afay@udmo.com)

217 W 5<sup>th</sup> Street  
Spencer, IA 51301  
712-262-9585

## EMERGENCY ASSISTANCE

**Dickinson County Veterans Affairs**  
1802 Hill Ave. Suite 1508  
Spirit Lake, IA 51360  
712-336-0883

**Dickinson County Community Services**  
1802 Hill Ave. Suite 2502  
Spirit Lake, IA 51360  
712-336-0775

**Upper Des Moines Opportunity**  
Great Lakes Mall  
1575 18<sup>th</sup> Street  
Spirit Lake, IA 51360  
7122-336-1112  
[www.udmo.com](http://www.udmo.com)

## EMERGENCY NUMBERS

**Ambulance, Fire, Police**  
Emergency Dial 911  
Non-Emergency 712-336-2525

**Spirit Lake Police Department**  
712-336-5776

**Dickinson County Sheriff's Office**  
712-336-2793

**Dickinson County Crime Stoppers**  
712-336-2345

**Lakes Regional Health Care**  
712-336-1230

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## EMPLOYMENT

**ILCC Rehabilitation Education & Services**  
300 S. 18th  
Estherville, IA 51334  
712-362-5433

**Iowa Work Force Development**  
217 W. 5<sup>th</sup> Street  
Spencer, IA 51301  
712-262-1971  
1-800-798-7224

**Workforce Innovation and Opportunity Act (WIOA)**  
217 W. 5<sup>th</sup> Street  
Spencer, IA 51301  
712-262-1971  
800-798-7224

**ECHO/PLUS, INC.**  
1808 Jackson Ave  
Spirit Lake, IA 51360  
712-336-4052

**Employment Connections**  
1710 Lincoln Avenue  
Spirit Lake, IA 51360  
712-336-2048

**Grape Tree Medical Staffing, Inc.**  
1003 23<sup>rd</sup> St.  
Milford, IA 51351  
712-336-0800  
[www.grapetree.org](http://www.grapetree.org)

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**Compass Pointe Behavioral Health Services**  
710 Lake Street Suite 2  
Spirit Lake, IA 51360  
712-336-5281  
[www.adtu.org](http://www.adtu.org)

**Hearing Impaired:**  
Hearing Aid Helpline 1-800-521-5247  
Hearing & Speech - National Assoc.  
1-800-638-8255  
Hear Now (Financial Aid) 1-800-648-HEAR

Helpline (1-800-648-4327)  
1-800-EAR-WELL  
(1-800-327-9355)

**Deaf Services Commission of Iowa**  
515-281-3164  
[www.state.ia.us/government/dhr/dhs](http://www.state.ia.us/government/dhr/dhs)

**Hearing Aid Bank, Lion's**  
515-752-4337

**Iowa Compass for Disabled People**  
1-800-779-2001  
[www.medicine.uiowa.edu/iowacompass](http://www.medicine.uiowa.edu/iowacompass)

**Lutheran Social Services of Iowa**  
1812 24 Ave. W.  
Spencer, IA 51301  
712-262-9171  
[www.lsiowa.org](http://www.lsiowa.org)

**Seasons Center for Community Mental Health**  
1401 Hill Ave.  
Spirit Lake, IA 51360  
800-242-5101

**Veterans Counseling Center**  
Sioux City  
712-255-3808

**Veteran's Affairs Medical Center**  
2501 West 22<sup>nd</sup> Street  
Sioux Falls, SD  
1-800-316-8387  
[www.va.gov](http://www.va.gov)

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## HEALTH CONCERNS AND FAMILY COUNSELING

**Alzheimer's and Related Disorders**  
1-800-272-3900

**Child Health Specialty Clinics**  
1200 First Avenue East  
Spencer, IA 51301  
712-264-6362 or 712-264-6363  
866-219-9119  
[www.medicine.uiowa.edu/chsc](http://www.medicine.uiowa.edu/chsc)

**Dental, Iowa Association**  
515-282-7250

**Dickinson County Community Services**  
Dickinson County Community Services  
1802 Hill Ave Suite 2502  
Spirit Lake, IA 51360  
712-336-0775

**Lakes Regional Healthcare – Home Care/Hospice**  
2301 Hwy 71 S  
PO Box AB  
Spirit Lake, IA 51360  
712-339-8709

**Dickinson Co. Dept. of Human Services**  
1802 Hill Avenue Suite 2401  
Spirit Lake, IA 51360  
712-336-2555  
1-866-336-2555

Apply online at: [www.oasis.iowa.gov](http://www.oasis.iowa.gov) or [www.dhs.iowa.gov/how-to-apply](http://www.dhs.iowa.gov/how-to-apply)

**Eye Care Project, National American Academy of Ophthalmol**  
1-800-222-3937

**Family Crisis Line (24 hours)**  
Spirit Lake  
712-336-1255  
1-877-362-4612

**Teen Health Line**  
1-800-443-8336

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## FINANCIAL ASSISTANCE

**Dickinson County Community Services**  
1802 Hill Ave Suite 2502  
Spirit Lake, IA 51360  
712-336-0775

**Dickinson County Dept. of Human Services**  
1802 Hill Avenue Suite 2401  
Spirit Lake  
712-336-2555 or 1-866-336-2555  
Apply online at: [www.oasis.iowa.gov](http://www.oasis.iowa.gov) or [www.dhs.iowa.gov/how-to-apply](http://www.dhs.iowa.gov/how-to-apply)

**Dickinson County Veterans Affairs**

1802 Hill Ave. Suite 1508  
Spirit Lake, IA 51360  
712-336-0883

**Rural Development**

Farm Service Agency  
306 11<sup>th</sup> Street SW Plaza  
Spencer, IA 51301  
712-262-3173

Contact: Sheila Zobrist  
1619 North Lake Street  
Storm Lake, IA 50588  
712-732-1851

Contact: Arnold Thomas

**Social Security Administration**

1610 12<sup>th</sup> Avenue SW  
Spencer, IA 51301  
1-866-273-6050

**Upper Des Moines Opportunity**

Great Lakes Mall  
1575 18<sup>th</sup> St.  
Spirit Lake, IA 51360  
712-336-1112  
[www.udmo.com](http://www.udmo.com)

712-336-3488  
Contact: Jan Monahan

**Cherish Center**

Financial Peace  
1004 22<sup>nd</sup> Street  
Milford, IA 51351  
712-338-3333

[info@cherishcenter.org](mailto:info@cherishcenter.org)  
[www.cherishcenter.org](http://www.cherishcenter.org)

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**FOOD**

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**FINANCIAL COUNSELING**

**Consumer Credit Counseling Service**

715 Douglas St.  
Sioux City, IA 51101  
712-252-5666

**Iowa Lakes S.C.O.R.E. Chapter**

122 West 5<sup>th</sup> Street  
Spencer, IA 51301  
712-262-3059

**ISU Extension - Dickinson County**  
Financial Management and Counseling

1600 15<sup>th</sup> Street  
Spirit Lake, IA 51360

**Dickinson County Dept. of Human Services**

1802 Hill Avenue Suite 2401  
Spirit Lake, IA 51360  
712-336-2555  
1-866-336-2555

Apply online at: [www.dhs.iowa.gov/how-to-apply](http://www.dhs.iowa.gov/how-to-apply)  
[www.oasis.iowa.gov](http://www.oasis.iowa.gov)

**Upper Des Moines Opportunity**

Great Lakes Mall  
1575 18<sup>th</sup> St.  
Spirit Lake, IA 51360  
712-336-1112  
[www.udmo.com](http://www.udmo.com)

**Dinner Date**

2100 Zenith Avenue

Spirit Lake, IA 51360  
712-336-5247

**Dinner Date**

1021 10<sup>th</sup> St.  
Milford, IA 51351  
Tuesdays only  
Call ahead 24 hours 712-338-4421  
Contact: Mary Dannatt

**Meals on Wheels**

800 21<sup>st</sup> Street  
Spirit Lake, IA 51360  
712-336-4444

**Women, Infants & Children (WIC)**

Upper Des Moines Opportunity  
101 Robbins Avenue Box 519  
Graettinger, IA 51342-0519  
800-245-6151-712-859-3885

**Food Stamp Application Available Online**

[www.dhs.iowa.gov/how-to-apply](http://www.dhs.iowa.gov/how-to-apply)

[www.oasis.iowa.gov](http://www.oasis.iowa.gov)

Or Call-

1-877-937-3663